



**South Philly  
Summer Group Ex Schedule  
June 8th - Sept 6th**

<b>Time</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THUR</b>	<b>SAT</b>
<b>8:30 AM</b>					
<b>9:30 AM</b>	<b>Yoga Yulia</b>		<b>Power Yoga Yulia</b>		<b>Barre - Yulia Spin - Nina</b>
<b>10:30 AM</b>					<b>Zumba Sarina</b>
<b>12:30 PM</b>					
<b>5:30 PM</b>	<b>HIIT Taylar</b>	<b>Barre Janet</b>	<b>Yoga Yulia</b>	<b>Boot Camp Willa</b>	
<b>6:00 PM</b>		<b>Spin Willa</b>			
<b>6:30 PM</b>		<b>Cardio Boxing Laura D</b>	<b>HIIT Laura D</b>	<b>Zumba Lauren</b>	
<b>7:00 PM</b>	<b>Making Muscle Susan</b>				